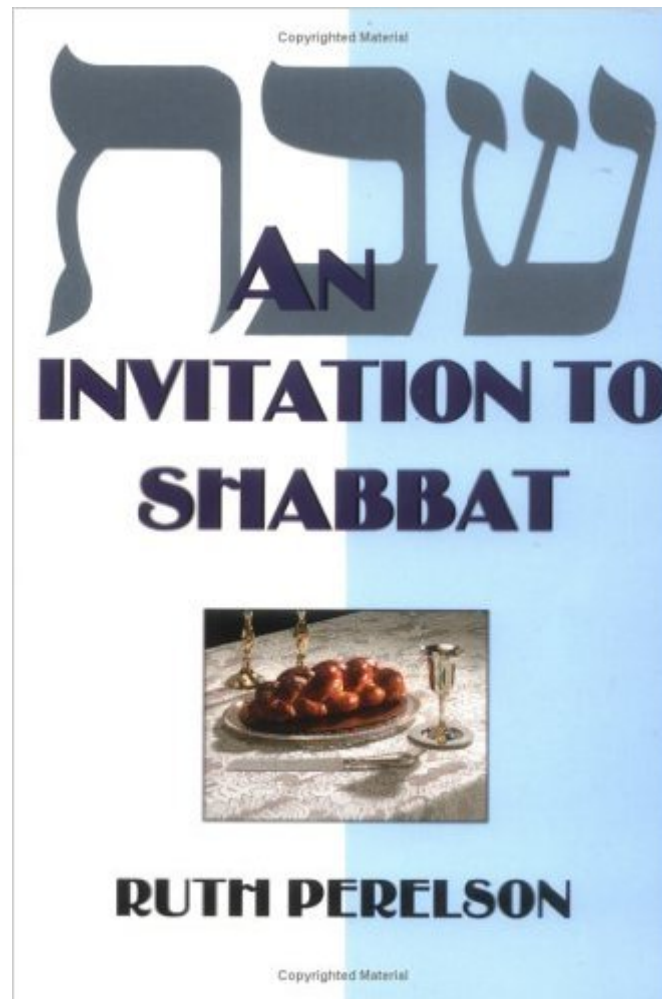


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# An Invitation To Shabbat: A Beginner's Guide To Weekly Celebration



## Synopsis

A Project of the Union of American Hebrew Congregations Department of Education Our invitation to you: Encounter books that will enrich the Shabbat experience for you and your entire family. Explore Shabbat step-by-step and blessing-by-blessing from candle lighting to Havdalah. Discover the essential elements of tradition along with modern options for enhancing spiritual awareness. Explore the many paths to a satisfying Shabbat celebration through the words of those who began to observe Shabbat as adults. Blessings in Hebrew, transliteration, and English are included, alongside descriptions of rituals, as well as their history and folklore. Rounding out this extraordinary guide are traditional recipes--Ashkenazic and Sephardic--a bibliography, and a CD recording for learning and pleasure that brings to life the music of Shabbat.

## Book Information

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## Customer Reviews

I bought this book because I wanted to not only learn about Shabbat, but I also wanted to learn how to pronounce some of the words typically sung in Shabbat songs. The back of the book has sheet music from several traditional Shabbat songs as well as the transliterated Hebrew words.

Unfortunately, the English translations are not included. The book comes with a CD with various soloists singing these songs. I was expecting some really tacky singers, but was pleasantly surprised to find their voices lovely, and the sound quality quite good. The rest of the book was also very helpful. It's not a particularly deep book about the traditional significance of Shabbat, but more ways to celebrate it and make it a special weekly vacation. The book isn't only written by Ruth Peterson; several different authors have written about Shabbat. Included also are blessings, a

glossary, lists of reference materials, and a list of weekly parashah (Torah reading) and accompanying haftarah (reading from the prophets). A very helpful, but not overwhelming, book for a beginner.

This is a great book for those newly beginning Shabbat observance, or for those returning to observance again after being away from it for a while. There are explanations for why we do what we do, what it means, the origins of the traditions, and even some recipes for the Sabbath dinner! It is a wonderful addition to your collection of Jewish books. The authors guide the reader through the Shabbat experience, including suggestions for family time, personal, time, etc. I especially love the CD that comes with this book. It has some of the most wonderful Shabbat prayer songs, and the words are in the book (Hebrew and transliteration), so you can learn the prayers yourself. The CD can prove to be a huge help to those new to Judaism because by learning the prayer songs, one may feel confident in that part of the worship service. I highly recommend this book and the included CD!

I found this book to be a nice introduction to celebrating the most important of holidays. For those who are rediscovering their Jewish roots, or are looking to Judaism for the first time, Shabbat can seem like a complicated affair. This book can take a lot of the mystery out of the how-to aspects so you can really experience Shabbat. A must-buy for anybody trying to sort out and understand Jewish observance.

Good guide to Shabbat for any "new Jews"... Definitely makes it accessible. Very Reform Jew oriented, so you would get a very different perspective on the details of celebrating Shabbat from someone more orthodox in their orientation. Helped our family start to celebrate Shabbat from scratch, and for that I am very grateful.

This is a nice book. Not too deep but with different input from various authors on ways to Celebrate Shabbat for the beginner or for the person or Family who wants to come back to Celebrating Shabbat. I have many books covering the subject but this one gave me a different perspective and some creative ways of working Shabbat Celebration into our lives since we haven't celebrated it in the past. It is not a big book but I think that the information inside I have found make it a very valuable addition to my library and one I know I will pick up from time to time as a reminder and a reference.

We got this book for our own home Shabbat celebrations. It has all we were looking for and more. The accompanying disc is good as well and has been a big hit with our girls (age 3).

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